

ABOUT Boort

EDITION 238 SEPTEMBER 2024



SERVING OUR LOCAL COMMUNITY

visit us at facebook.com/bricinfo and boortbric.net



The Voice from Boort

In the first episode of a new season of *The Voice Australia*, aired on Monday 19 August 2024, Boort local Elias Lanyon's impressive singing performance led to 3 out of 4 judges vying to have him on their team.

Four judges, all noteworthy recording artists, choose teams of contestants through a blind audition process during the auditioner's performance. When a judge turns their chair based only on what they hear and not how they look, they are declaring they are impressed by their vocal talent and wish to be that performer's coach.

With the choice of 3 potential coaches, Elias chose Kate Miller-Heidke.

The laid-back 20-year old farmer from Boort impressed the judges with his gritty vocals, unique style and emotive performance.

Congratulations Eli, on your performance on your biggest stage yet. We wish you well for the rest of the competition.



Photo courtesy of The Voice Australia via facebook: contestant Elias Lanyon

About Boort is produced by the Boort Resource and Information Centre
119-121 Godfrey Street, Boort Vic 3537

Contact BRIC on **5455 2716** or email info@boortbric.net to submit articles or receive the *About Boort* via email or volunteer your services in any way.



NORTH CENTRAL CROP WALK

📍 Bendigo-Pyramid Rd, Mitiamo
5km west of Mitiamo
🕒 August 28, 10-12:30pm
followed by optional
crop drive

- ➔ Fodder rotations
- ➔ Grazing cereals
- ➔ Pulse agronomy
- ➔ Disease management

Free event, lunch provided



REGISTER NOW AT BCG.ORG.AU/EVENTS

Kerang
69 Wellington Street, Kerang VIC 3579
(03) 5450 3792
admin@ghrealestate.com.au



Swan Hill
34 McCallum Street, Swan Hill VIC 3585
(03) 4016 2005
info@ghrealestate.com.au



CHELSEA MANUEL
Business Development Manager
0403 242 171



AMY STEEL
Property Manager
0432 700 533



SHARRON WOOD
Executive Administration Assistant
(03) 5450 3792



CHARLY DELMENICO
Administration Assistant
0434 449 259



NATHAN HIPWORTH
Licensed Real Estate Agent VIC & NSW
0458 426 201



GRAEME HAYES
Principal / Licensed Real Estate Agent
0411 338 649



TRAVIS HIPWORTH
Water Trading / Licensed Real Estate Agent
0435 591 985



COLIN BALCAM
Sales Agent
0419 203 908



TAMIKA YATES
Property Manager
0432 700 151



STEPHANIE HAMILTON
Property Manager
0432 700 520



MANDY ALDERSON
Property Manager
0434 544 757

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The BAC August Competition at Lake Meran was again successful with eight competitors, plus visitors. Two big carp and a selection of good redfin were caught, the smallest being a 34cm and the largest a 38cm redfin caught by Rod won the day.

No competition is planned for September so the next one will be held on Sat 5th and Sun 6th October at a venue yet to be decided.

BAC will run our second Annual Raffle this year. We wish to thank Luke Rye for his generosity for again donating a Kayak as part of first prize. There will also be nice second and third prizes, bringing the total value to almost \$1,300.00. We also wish to thank those who supported us last year and look forward to giving you a chance this time.

Next Social Sunday will be on 8th September at the clubrooms from approximately 10am till 3pm. Adults please donate \$5-- to help cover food costs. Juniors free. For those interested, a general meeting as well.

Don't forget the proposed trip to Arcadia Native Fish Hatchery in October or November. For more info on this or to register, please contact,

Email: boortanglingclub@yahoo.com

Phone: Alan Wilson 0429 798 352 or Jo Junor 0457 273 757

Boort Indoor Bias Bowls Club

The Boort Indoor Bias Bowls Club's tournament on Sunday 18 August 2024 had 96 players from across Victoria and into NSW with 9 players from the Boort Club. Players were from Boort, Wedderburn, Coomealla, Echuca, Bendigo, Minyip, Benalla, Melbourne, Geelong, Colac, Warrnambool and Ballarat.

A good day's bowling was had by all, with Sue Kerr's team from Geelong and Warrnambool being the eventual winners. Each team played 3 matches for the day and were thoroughly fed by the

wonderful people who worked hard in the kitchen.

Many people comment that they keep coming back for the food.

The Club would like to thank all of those who gave

their time and sponsorship for the day. The tournament would not run without this help.



Boort Bowls Club

Social bowls has been going very well during the winter months but the Club will be holding their season's 2024-2025 Opening Day on Sunday 15th September. All Club Members, Intending Members and Visitors are all welcome to play. Names are to be in by 12:45 pm on day. Play to commence at 1pm. Afternoon Tea will be provided.

Shayne Morris has just commenced coaching lessons for anybody wishing to learn the game of bowls. There has been much interest in these classes which have been well attended. They will be running for the next few weeks and anybody still wishing to attend on a Wednesday afternoon at 4:30pm is still welcome to attend.

The Pennant Season isn't far away with the Mid Week Pennant commencing on Tuesday 8th October and Saturday Pennant commencing the following week-end. Some matches will be played on different days by some Clubs so as to avoid clashing with their local shows.

Hope to see a good roll-up on the 15th September and good bowling to each and everyone for season 2024-2025.

Boort Bowls Club

Opening Day Season 2024-2025

Sunday 15th. September 2024

All Members , Intending Members and Visitors are all welcome.

Names to be in by 12-45 p.m. on day.

Play to commence at 1 p.m.

Afternoon tea provided.

Casual Dress.

**Entries to – Shayne Morris: 0409 194 196, Ken Birt: 0409 951 851,
Laurie Maxted: 0428 551 332**

President: L. Maxted 0428 551 332,

Secretary: G. Tweddle 0428 552 128

Boort Hockey Club

Boort Hockey Club has had a great year on the field. Thank you to all families that have contributed throughout the season doing different tasks asked of them. To the coaches, umpires, committee members without you guys we wouldn't have a Hockey Club so thank you! Gordy, Ken and David for a great field each week, we thank you for all your dedication to Boort Hockey Club. Good Luck to our Men's Team in their finals campaign!

Angela Poxon was awarded Life Membership to Boort Hockey Club. She has been a dedicated member of the Hockey Club for so many years. Her dedication and commitment to Boort Hockey Club is outstanding. Over the years she has been a committee member, player, umpire, coordinator, volunteer and coach. Thank you Angela Poxon!

Greg Boyd was awarded Club Person 2024. Greg will always put his hand up to wash dishes, do gate raffles, teas, coach, support the younger kids and just help around the club after a game. Thank you Greg for your help and support around Boort Hockey club.

Di Chambers Team Spirit award went to Lily Caine. Throughout the season Lily has helped with the minkey kids, supported the younger kids with their hockey. She will help out whenever it is needed. Thank you Lily!



Women's Hockey Awards winners (Left to right)
 Coaches Award - Lily Caine
 Best & fairest - Lucy Malone
 Runner's Up - Chelsea Challis Broad (absent from photo)
 Most Consistent - Sienna Boyd



Under 15's Award winners (Left to right)
 Most Consistent - Jacob Malone
 Best & Fairest - Jake O'Flaherty & Abby Potter
 Coaches Award - Alice Marsh



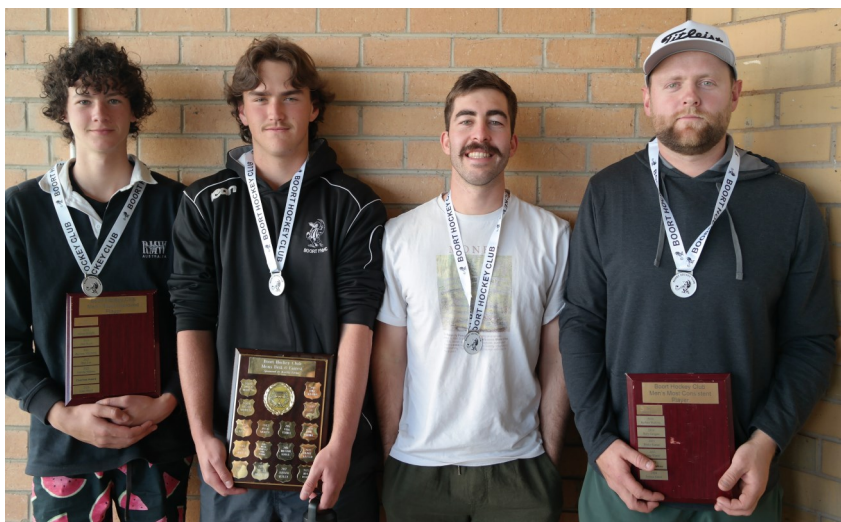
Club Person 2024: Greg Boyd



Di Chambers Steam Spirit Award: Lily Caine



Life Member Award: Angela Poxon



Men's Hockey Awards winners (Left to right)
 Coaches award - Luke Boyd
 Best & Fairest - Harry Malone
 Runner's Up - Blake Slatter
 Most Consistent - Joshua Smith

Payment of rates

Council will be sending out rate notices for the new rating year 2024/25 from mid-August onwards.

As a result of system upgrades, Council has updated reference numbers for all ratepayers. Please check your reference number on the bottom of the notice prior to making any payment.

If you elect to pay by installments, the first one is due on the 30 September 2024. Reminder notices will be sent for the following three instalments.

If you wish to elect for the full payment option, this is due on the 15 February 2025.

For more information, visit <https://www.loddon.vic.gov.au/For-residents/Your-home/Your-property-valuation-and-rates/Payment-of-rates>

Street furniture permits – applications now open

Applications for a permit to place items on the footpath or nature strip in front of business premises for the 2024/25 financial year are now open.

This includes advertising signs, flags, goods on display for sale and street furniture such as tables and chairs.

Application forms are being sent out to businesses soon and permits will be issued for the period ending 31 August 2025.

Council has listened to feedback from businesses and has made some changes to the permit fees and charges.

This includes simplifying the fee for tables and chairs, with a single fee for each setting placed on the footpath and providing businesses with the ability to display up to two tear-drop type flags at no cost.

Council recognises that having a visible presence to passing traffic is important for the viability of our small businesses. We also need to make sure an accessible area is available for all of the competing uses that footpaths and public spaces receive.

We want to support a vibrant streetscape in our townships and believe the changes that have been made strike a good balance.

Further information including an online fillable application form is available from Council's website <https://www.loddon.vic.gov.au/Our-Council/Forms-and-permit-applications/Application-for-a-Local-Law-permit>

WHAT'S ON

Farmer's Day Out

Free breakfast and barista coffee on arrival, local farm visits, flood fencing discussions and guest speakers. Wayne Schwass will address the gathering during the delicious lunch in the dining room at Donaldson Park, Wedderburn.

Date: Wednesday 28th August 7am Donaldson Park Wedderburn (via Hospital Street carpark)

Booking Required: <https://events.humanitix.com/farmersdayout/tickets> or phone Mal Brown, Manager Community Recovery 0499 978 145

Lyster Opera, the Italian Girl in Algiers This event has been moved to the Rex Theatre in Charleton due to restoration works being done at Inglewood town hall. All other details are the same.

Lyster Opera - Victoria's Travelling Opera Company - presents Rossini's hilarious comedy, The Italian Girl in Algiers. From the production team that brought you Flotow's Martha, this opera features one of Rossini's most dazzling scores, brought vividly to life by some of Victoria's most exciting professional singers.

Date: Saturday 31st August, 2pm to 5pm

Booking Required: info@lysteropera.com.au / 0410 890 388

Cost: Full \$40, Concession \$35, Children \$30, Family \$110

Tarnagulla Strictly Vintage Fair 2024 The Tarnagulla Strictly Vintage Fair is an annual event showcasing all things vintage with the backdrop of the very vintage town of Tarnagulla. High teas, historic displays, vintage stalls, vintage cars, vintage vans, vintage entertainment, vintage competitions and groovy tunes to get you in the vintage mood.

Date: Sunday 8th September

Time: 9am -3pm

Address: 69-71 Commercial Road, Tarnagulla

32nd Annual Wedderburn Vintage Machinery Rally The Wedderburn Historical Engine and Machinery Society brings you a great day out for the whole family. Relive the past exploring old engines, vehicles, farm machinery, tools and many items of yesteryear.

Date: Saturday 14th and Sunday 15th September

Time: Sat 9am -9pm and Sun 9am - 3pm

Address: Engine Park, Racecourse Road, Wedderburn

WOMEN'S GATHERING DURHAM OX

WOMEN'S GATHERING DURHAM OX

WOMEN'S GATHERING DURHAM OX

SPECIAL GUEST



Keynote address from **Jane Edmansson, OAM**



And community champion, **Rose Vincent** as your MC!

Join us for a very special gathering of brilliant women, including Jane Edmansson!

FREE

CREATIVE WORKSHOP

SCAN THE QR NOW TO SECURE YOUR SPOT!



A FUN, RELAXING AND INSPIRING DAY FOR ALL WOMEN LIVING IN LODDON!

BYO WATER BOTTLE

Thurs 12 Sept, 9:30am
Event ends 1:30pm

Durham Ox Hall, 1975
Boort-Pyramid Rd,
Durham Ox

No cost but bookings essential. Free barista coffee on arrival and delicious free lunch

For more information, contact Loddon Shire Council on (03) 5494 1200



LODDON SHIRE COUNCIL PRESENTS

FARMER'S DAY OUT

WITH VERY SPECIAL GUEST **Wayne Schwass**



WAYNE SCHWASS IS A FORMIDABLE PRESENCE IN THE WORLDS OF SPORTS, MENTAL HEALTH ADVOCACY, SUICIDE PREVENTION AND INSPIRATIONAL LEADERSHIP.

FREE BREKKIE AND BARISTA COFFEE ON ARRIVAL, LOCAL FARM VISITS, FLOOD FENCING DISCUSSION AND GUEST SPEAKERS, THEN DELICIOUS LUNCH AND KEYNOTE ADDRESS FROM WAYNE SCHWASS

Register today to secure your seat at this exciting event for Loddon farmers! For tickets and further information, scan the QR.

Registration essential. Places limited

WED 28 AUG, 7:00AM FOR BREKKIE AND COFFEE, FIELD TRIP BUS LEAVES AT 7:45AM SHARP. EVENT FINISHES 1PM

BEGINS AND ENDS AT DONALDSON PARK, WEDDERBURN (VIA HOSPITAL STREET CAR PARK)

REGISTER NOW

HTTPS://EVENTS.HUMANITIX.COM/FARMERSDAYOUT

MANAGER COMMUNITY RECOVERY, MAL BROWN 0499 978 145



STAY CONNECTED WITH YOUR LOCAL COMMUNITY!



LODDON VALLEY Tourism Update

Have your Say: Shape the Future of Tourism in the Loddon Valley

Loddon Shire Council is developing a Tourism and Visitor Economy Strategy to guide our region's future to 2030 and beyond.

This Visitor Economy Strategy will align with regional plans, including the Bendigo Region Destination Management Plan and Loddon Shire Economic Development Strategy 2025-2029, to strengthen tourism, benefiting our community while preserving the Loddon Valley's unique character.



As a tourism business or key stakeholder, you are invited to contribute to this project and share your thoughts and ideas to help shape this important strategy. You can find out more about the project (including FAQs) [on our website here](#).

GET INVOLVED

In Person Sessions: Share your insights at our community drop-in sessions:

A. Monday 26 August - Wedderburn Visitor Information Centre - 5:30 pm to 7 pm ([register to attend here](#)).

B. Tuesday 27 August - Boort Resource Centre - 5:30 pm to 7 pm. ([register to attend here](#)).

C. Wednesday 28 August - Inglewood Community Neighbourhood House - 5:30 pm to 7 pm ([register to attend here](#)).

Online Survey

Can't make it in person? Share your views and insights in our survey [here](#).

Your input will help us create a sustainable and thriving visitor economy that reflects our community's values. Thank you for your contribution to this important project and the growth of the visitor economy in the Loddon Region.

For more information, contact Bradd Worrell at bworrell@loddon.vic.gov.au or 0499 782 775.

Pizza at the Pub with LEGLESS AND BLIND

From Real Life Resilience **Four Posts at Jarklin**

6696 Loddon Valley Hwy, Jarklin VIC
6:00pm, Wed 11 September, 2024

Meals free, drinks at bar prices

Free!

from 6:00pm
WED 11
Sept 2024

Call or text to book!



Have a chat, have a laugh and have some pizza at this fun, family-friendly event for the Loddon community! Striking a balance between humour and talking the tough stuff, Mike and Ben seamlessly blend the light-hearted with the serious, weaving together real life anecdotes with research-backed strategies. Despite facing their own unique physical challenges, they have perfected the art of engaging audiences and delivering a lasting impact.

Reserve your spot now by calling or texting Loddon Shire Council Community Recovery Officer on 0474 911 783

SCAN NOW TO REGISTER





AUSTRALIA DAY COMPETITIONS 2025

Loddon Shire Council is conducting the following competitions as part of Australia Day 2025 celebrations, based on the theme '*Australian Products and Produce*':

- Colouring Competition for Prep to Year 2 students
- Photographic Competition - 3 sections:
 - o Junior (Prep/Foundation to Year 6)
 - o Senior (Year 7 to Year 12)
 - o Open
- Literature Competition for school aged children.

Any person residing, working, or attending a school within the Loddon Shire is eligible to enter.

The colouring competition picture and entry forms are available from schools within the Loddon Shire, by downloading from Council's website (www.loddon.vic.gov.au) or by email request to australiaday@loddon.vic.gov.au.

Entries must be received by 4pm on Friday 25 October 2024.



AUSTRALIA DAY AWARDS 2025

Loddon Shire Council is now receiving nominations for a range of Australia Day awards recognising outstanding Australians and community groups within the Loddon Shire.

Community Service Award (previously Ward Citizen of the Year) nominations are open to those living, or operationally based within the Loddon Shire who have made an outstanding contribution to the local community during 2024, or have given noteworthy service to the local community over a number of years. Community Service Award nominations are open for each of the five Loddon Shire wards (Boort, Inglewood, Tarnagulla, Terrick and Wedderburn).

The 2025 Loddon Shire **Citizen of the Year** will be selected from Community Service Award nominations.

Young Citizen of the Year nominations are open to Loddon Shire residents aged up to 26 years at 26 January 2025 who have made a noteworthy contribution to the local community during 2024, or over a number of previous years.

Community Group/Event of the Year nominations are open to groups or events operating within the Loddon Shire. This award aims to recognise and encourage significant contributions to community life within the Loddon Shire and to promote national pride and community responsibility.

Further information on each Award category is contained within nomination forms available from Council's website, www.loddon.vic.gov.au, or upon email request to australiaday@loddon.vic.gov.au.

Nominations for all awards close at 4pm on Friday 25 October 2024.

Boort Library Agency Storytimes 2024

Nurture your child's listening and learning skills in fun-filled sessions of stories, songs and rhymes.

10.30-11am
Boort Resource & Information Centre
119-121 Godfrey Street

Thursday 25 July
Thursday 8 August
Thursday 22 August
Thursday 5 September
Thursday 19 September
Thursday 17 October
Thursday 31 October
Thursday 14 November
Thursday 28 November
Thursday 12 December



For more information please phone 5449 2790
or visit ncgrl.vic.gov.au/children



FREE
Chatty Cafe

Now on
Fridays



*Chatty Cafe is open every
Friday from 10am at BRIC
(Opposite the tennis courts)*

Cuppa and chat

Keep connected

Everyone is welcome



BULOKE LODDON



Mentors Wanted

Would you like to help young people learn to drive?
Do you have at least two hours per fortnight to spare
on a regular basis? Are you over 21 years old?
Do you hold a full current driver's licence?

The Buloke Loddon L2P program matches volunteer driver mentors to young learner drivers to assist them in gaining on the road driving experience in a vehicle that is provided through the program - all we need is your time (and interest). Training and support will be provided.



If you are interested, please email l2p@ncllen.org.au or contact the North Central LLEN on 5491 1144.

Creating opportunities for children and young people to thrive in education, work and life

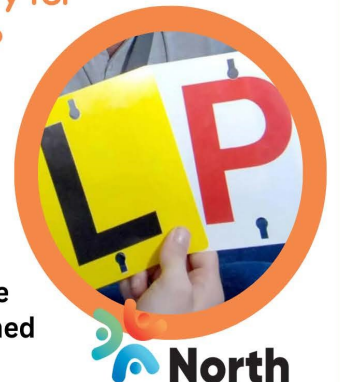
BULOKE LODDON TAC L2P PROGRAM

Need help getting your P's?

Struggling to get your 120 hours of learner driving experience?

Don't have the money for professional lessons?

The TAC L2P program helps young learner drivers living in the Buloke and Loddon Shires (16-21 years of age) with limited access to a supervising driver or vehicle to get on the road with trained mentors available to help them obtain the 120 hours necessary to get their licence.



For more information about this FREE program contact the North Central LLEN on 03 5491 1144 or email l2p@ncllen.org.au

Mallee DRY CLEANERS

NORTH WEST AG SERVICES BOORT
ARE AGENTS FOR MALLEE DRY CLEANERS SWAN HILL.
51 MCMILLANS ROAD, BOORT VIC 3537
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8AM TO 5PM
PH: 54552563

north west ag
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JUSTICE OF THE PEACE

Unfortunately Alister McDougal will be unable to perform his Justice of the Peace duties until the end of October 2024.

Thus, if you require your signature to be witnessed and/or any documents to be certified, these duties can be performed by either Cindy Brown at the Post Office or Daniel Snyder at the Pharmacy

1000th MEETING FOR AMITY

10 September 2024 at 6:30pm

Boort Amity is celebrating its milestone of 1000 meetings. We are inviting all past members to join us for this celebration at Boort Park club rooms.

Cost \$30 per person, 3 course meal. Drinks at Bar prices. Partners most welcome.

R.S.V.P. 1/9/2024 for catering to:
Sandra 0428 552 156 or Kathy 0427 409 079 or
amityboort@gmail.com



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W: www.kerangcomputers.com.au Kerang Vic 3579

We come to Boort on the first working Monday of the month and we will come to you

NOTICE TO CONTRIBUTORS

Items submitted for publication may be edited, including for grammar and spelling, and may be condensed if space is limited.

Please submit items to the Boort Resource and Information Centre (BRIC) at info@boortbric.net by the 20th of each month.

Please send in format Word
or .jpeg or .png



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Kerang & District

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PETER WALSH
YOUR VOICE IN PARLIAMENT

Peter Walsh MP MEMBER FOR MURRAY PLAINS • LEADER OF THE NATIONALS

Support our local businesses

Small businesses need our help and support in what continues to be tough times.

If we spend locally then our small businesses do too, keeping our communities strong. Every little bit helps.

For the latest Coronavirus information go to peterwalsh.org.au or follow us on We are in this together, and together we will get through.

Peter Walsh MP 496 High Street, Echuca 3564 Tel: 54822039 or 1 300 467 906 E: peter.walsh@parliament.vic.gov.au

Funded by Parliamentary budget.

CPR & FIRST AID

Expression of Interest

Provide First Aid: HLTAID011

This includes the CPR certificate and has general information on asthma and anaphylaxis BUT IS NOT the qualification teachers and childcare workers need for asthma and anaphylaxis

COST: \$180 per person

This course also requires the student to complete pre work theory



DATE AND TIME TBA

CPR: HLTAID009

This includes the CRP certificate only

COST: \$90 per person

REFRESHER COURSE AVAILABLE \$105
eligible people only

VENUE: BOORT RESOURCE & INFORMATION CENTRE (BRIC) 119 - 121 GODFREY STREET, BOORT
CALL 5455 2716 TO BOOK YOUR PLACE

Moving Feast Boort

FREE EVENT ALL WELCOME!



Join the Boort community for a cooking demo and conversation

Learn to make the perfect lamb roast and veggies from 5.30PM and invite your friends and family to join us for dinner at 6:30 PM!

FRIDAY 6TH SEPTEMBER 2024 5.30 PM

Boort Memorial Hall, Boort

For queries or help with booking contact **BRIC - (03) 5455 2716**

BOOKING ESSENTIAL - LIMITED SPOTS

Book via Trybooking or call BRIC
Vegan/ Halal/ GF options available



smarthearing

SPECIALISTS



FREE

Hearing checks in Boort !

Venue : Boort Resource and Information Centre Inc. 

Date : Monday , 26th August 2024

Timings : 10:00 AM-03:30 PM

To book your FREE appointment ,contact us at

(03) 5444 0020

The Railway Hotel

BOORT



A fine pub with 100 years of trading
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& BOTTLE SHOP**



Monday open 4 pm (dinner)
- Tuesday open 4 pm (dinner from 6 pm)
- Wednesday open 4 pm (dinner from 6 pm) - Thursday open 4 pm (dinner 5.30 pm)
- Friday Open Midday (Lunch from 12 pm, dinner from 5.30 pm)
Saturday open 4 pm (dinner from 5.30 pm) - Sunday - open 4 pm (dinner)

84 Godfrey St, Boort - Phone 03 54500 9650

facebook railwayhotelboort

REX THEATRE



CHARLTON

30 - 34 High St. Charlton 3525
boxoffice@rextheatre.org.au
rextheatre.org.au



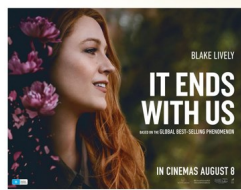
COMING ATTRACTIONS SEPT

Movie Prices: General Admission \$12 Members \$10 VIP Members FREE
Children under 3 years FREE



TWISTERS

M 122 mins | Action | Adventure
Sat 7 Sept 8pm | Sun 8 Sept 2pm
Tue 10 Sept 8pm



IT ENDS WITH US

M 130 mins | Drama
Sat 14 Sept 8pm | Sun 15 Sept 2pm
Tue 17 Sept 8pm



TAKE MY HAND

CTC 102 mins | Romance
Sat 21 Sept 8pm | Sun 22 Sept 2pm
Tue 24 Sept 8pm



KID SNOW

CTC 127 mins | Drama
Sat 28 Sept 8pm | Sun 29 Sept 2pm
Tue 1 Oct 8pm



THE WILD ROBOT

CTC 101 mins | Action | Animation

Thur 3 Oct | 2pm
Fri 4 Oct | 2pm
Sat 5 Oct | 2pm | 8pm
Sun 6 Oct | 2pm
Tue 8 Oct | 8pm

Check out the
**SCHOOL
HOLIDAY
screenings**

#100 PARKRUN

Come along and celebrate the 100th Parkrun at Nolens park!

FREE! WALK, JOG OR VOLUNTEER! NON-COMPETITION

5km scenic, flat track around Little Lake Boort

NOLENS PARK, SATURDAY 31 AUGUST @ 8AM

'NOLENS PARK PARKRUN' ON FACEBOOK

Anaphylaxis

Anaphylaxis is a severe allergic reaction that can quickly become life threatening and needs to be treated as a medical emergency!

~ Anaphylaxis can happen to anyone even if they do not have a known allergy to anything ~

SIGN AND SYMPTOMS OF ANAPHYLAXIS

Causes

What YOU Can Do

1. Remove the cause!
- If the person has a known allergy, remove the substance.
2. Lay the person down and put their legs up.
3. Call 000
4. Use an EpiPen if available!

How to use an Epi Pen:

1. Form fist around EpiPen® and PULL OFF BLUE SAFETY RELEASE
2. Hold leg still and PLACE ORANGE END against outer mid-thigh (with or without clothing)
3. PUSH DOWN HARD until a click is heard or felt and hold in place for 3 seconds REMOVE EpiPen®

For more information visit www.ambulance.vic.gov.au. Follow the Loddon Paramedic Community Support Coordinator (PCCS) on Facebook (facebook.com/pcscloodon)

Saving lives is a team effort and the community is a vital part of the team.

Ambulance Victoria
ambulance.vic.gov.au Paramedic Community Support Coordinator